

WILEEN ALEXIS

(215) 480-6126 · wileen@temple.edu

- Highly professional Registered Nurse with acute care and home health care experience
- Experience in healthcare management, monitoring and reporting with the ability to conduct needs assessments, appropriately allocate resources, prioritizing tasks and taking the initiative during complex projects
- Driven leader with superb communication, interpersonal, and leadership skills; excels in challenging environments
- Proven ability to develop positive relationships with patients, families, physicians and other healthcare professionals

PROFESSIONAL EXPERIENCE

University of Pennsylvania Health System - Penn Home Care & Hospice Services

December 2015-Present

Registered Nurse- Clinical Nurse II

- Use information gathered from comprehensive in-home nursing assessment to guide and create patient care plan for home health episode
- Collaborate with Primary Care Providers as well as Specialty Providers to ensure home care goals are met
- Consult and collaborate with members of the inter-disciplinary team which includes Physical Therapy, Occupational Therapy, Speech Language Pathologists, Social Work and Home Health Aides to ensure interdisciplinary approach to patient meeting their goals.
- Educate patient/caregivers in acute and chronic disease processes and self-management strategies
- Increase patient/caregiver skill, knowledge and confidence of self-management strategies through education and supportive interventions to prevent hospital readmissions
- Perform weekly comprehensive medication reconciliation to ensure medications in the home are updated and changes are noted in the Electronic Medical Record

Einstein Medical Center

September 2010-December 2015

Registered Nurse

- Provided skilled nursing assessment and skilled nursing care on the Medical, Surgical and Neurology step-down units
- Routinely performed charge nurse duties such as huddling with staff at the beginning of each shift, acting as a resource to other staff members, and delegated assignments to nursing staff to ensure operational efficiency
- Interpreted and assessed lab values and diagnostic test results to determine the appropriate course of treatment
- Performed both invasive and non-invasive procedures according to my scope of practice
- Educated patients and provided them with education materials when necessary to prepare for discharge
- Participated in inter-disciplinary rounds to discuss patient progress and goals for discharge
- Served as a member on the rapid response and code blue teams for all units in the hospital
- Served as Co-chair of shared governance committee dedicated to ensuring safe evidence-based nursing practice

Kindred Healthcare

September 2011-September 2012

Nursing Supervisor

- Primary duties in this role included scheduling and creating assignment for the nursing staff ensuring proper coverage levels at all times.
- Enforced institution policies and procedures and ensuring full compliance throughout the long-term care unit
- Collaborated with the interdisciplinary team to increase patient care efficiency and optimum patient outcomes
- Maintained nursing inventory supplies by anticipating needs and determine supply levels
- Maintained accurate documentation of patient care services by performing patient record audits
- Served as a resource to the nursing staff by responding to rapid responses and codes
- Provided coaching to underperforming staff members and provided routine training and development for unit

EDUCATION

AUGUST 2019-CURRENT

- Doctor of Nursing Practice, Temple University College of Public Health
 - Adult-Gerontology Primary Care Nurse Practitioner Track
 - Teaching In Higher Education Graduate Certificate obtained May 2020

August 2006-May 2010

- Bachelor of Science in Nursing, Temple University College of Public Health – GPA: 3.53

Nurse Practitioner Clinical Rotation Experience

August 2021-May 2023

- Excel Medical Center – Primary Care Clinic, Philadelphia PA
- Suburban Geriatrics – Skilled & Long-term Care
 - Fairlane Gardens – Reading, PA
 - Zerbe Retirement Community – Narvon, PA
 - Artman Lutheran Home – Ambler, PA
 - Gwynedd Healthcare & Rehab Center – Lansdale, PA
- Norristown Regional Health Center – Family & Adult Primary Care Clinic, Norristown PA

Licenses & Certifications

- Registered Nurse – License Number: RN617244 July 2010-Current
- American Heart Association Basic Life Support December 2020
- American Association of Critical Nurses Progressive Care Certified Nurse Certificate June 2014-May 2017

Honors & Affiliations

- Sigma Theta Tau International Society of Nursing, Kappa Chi Chapter 2010-Current
- The National Honor Society of Collegiate Scholars, 2008-2010
- Chi Alpha Epsilon Honor Society, 2008-2010
- American Association of Critical-Care Nurses, 2010-2017
- 33rd International Association for Human Caring Conference, Poster Presenter: “Music Therapy as a Caring-Healing Modality”, 2012